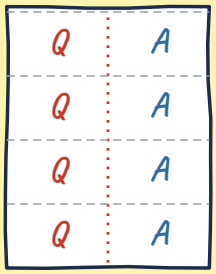
free printable · no double-sided printing

Fold-Over Flashcard Template

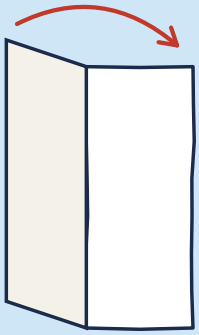
Your printer can't line up the front and back of a card? This template skips the problem: the question and the answer are printed side by side, and one fold puts them back to back.

1 Print



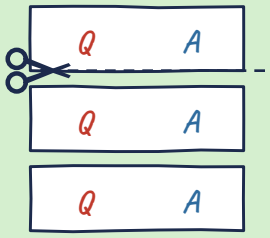
one side only, any printer

2 Fold



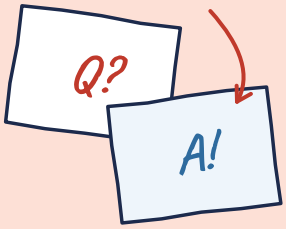
along the red dotted line

3 Cut



on the grey dashed lines

4 Flip



Q on front, A on back

What's inside

- ✓ Big blank cards (4 per sheet) p.2
- ✓ Lined cards with a "draw a cue" box p.3
- ✓ Vocab strips (6 per sheet) p.4
- ✓ Bad card vs better card p.5
- ✓ Build-your-own Leitner box p.6

3 rules that make cards work

1. Write a question, not a sentence to reread. Pulling the answer from memory is what makes it stick.
2. Keep one big stack. Small piles feel faster but you learn less (Kornell, 2009).
3. Say your answer out loud before you flip. No peeking!

Tip: a dab of glue stick inside the fold keeps the two halves together. Card stock (65–110 lb) makes cards that last all year.

Blank Fold-Over Flashcards

Write the question on the left, the answer on the right. Fold on the red line, then cut.

FRONT · question	fold	BACK · answer
FRONT · question	fold	BACK · answer
FRONT · question	fold	BACK · answer
FRONT · question	fold	BACK · answer

Lined Flashcards + Cue Box

Sketch a tiny picture in the cue box. Pictures give your memory a second way in.

FRONT · question	fold	BACK · answer
draw a cue		
FRONT · question	fold	BACK · answer
draw a cue		
FRONT · question	fold	BACK · answer
draw a cue		
FRONT · question	fold	BACK · answer
draw a cue		

Vocab Strips

One word per strip. On the back: the meaning in your own words + a sentence you would actually say.

WORD	fold	MEANING (in my words)
		my sentence:
WORD	fold	MEANING (in my words)
		my sentence:
WORD	fold	MEANING (in my words)
		my sentence:
WORD	fold	MEANING (in my words)
		my sentence:
WORD	fold	MEANING (in my words)
		my sentence:
WORD	fold	MEANING (in my words)
		my sentence:

Bad Card vs Better Card

Same topic, same time spent. Only one of them will help on test day.

BAD CARD ✗

Photosynthesis = the process in which plants use sunlight, water and carbon dioxide to make glucose and oxygen inside the chloroplasts.

Too much on one card. You will "kind of" know it.

→

FRONT ✓
What 3 things does a plant need for photosynthesis?

BACK Sunlight, water, carbon dioxide

FRONT ✓
Where in a plant cell does photosynthesis happen?

BACK In the chloroplasts

Split it: one idea per card.

BAD CARD ✗

Mitochondria

A word with no question. You only learn to recognize it.

→

FRONT ✓
Which part of the cell releases energy from food?

BACK The mitochondria

FRONT ✓
What does the mitochondria do?

BACK Releases energy from food (cellular respiration)

Ask it both ways.

BAD CARD ✗

The Bill of Rights is the first ten amendments to the U.S. Constitution, ratified in 1791.

Copied from the textbook. Rereading it feels like learning. It isn't.

→

FRONT ✓
What do we call the first 10 amendments to the Constitution?

BACK The Bill of Rights

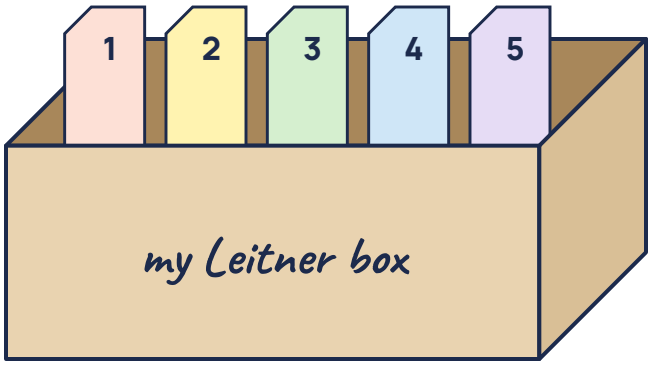
FRONT ✓
When was the Bill of Rights ratified?

BACK 1791

Turn the fact into a question.

Build a Leitner Box

A shoebox + 5 dividers = the spaced-practice system Sebastian Leitner described in 1972.



The only 2 rules

✓ **Got it right? The card moves UP one box.**

✗ **Got it wrong? Back to Box 1, no matter where it was.**

Easy cards climb away. Hard cards keep coming back until you know them.

Cut out the divider tabs ✂

BOX 1	BOX 2	BOX 3	BOX 4	BOX 5
every day	every 2 days	every 4 days	once a week	every 2 weeks

4-week review planner

color a circle when you review that box

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
Box 1	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Box 2		○		○		○		○		○		○		○		○		○		○		○		○		○		○
Box 3				○				○				○				○				○				○				○
Box 4							○							○							○							○
Box 5														○														○

Day 1 = the day you write your cards. All new cards start in Box 1.

Cards in Box 5 (mastered!)

week 1	week 2	week 3	week 4
_____	_____	_____	_____